



Strategic people planning and traditional HR

Individual and group coaching sessions

Cadman HR

A people business



“It was refreshing to work with a consultancy that had a pragmatic approach to a business issue and didn’t try to academicise it”

Claire Cross, Head of Talent Management, Gattaca plc

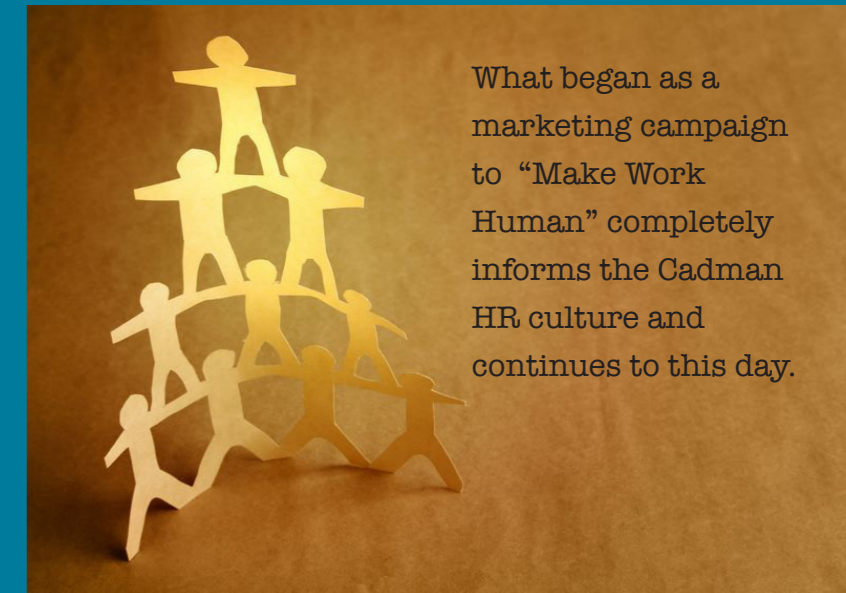
About

Debra Cadman runs **Cadman HR Services** and **Coaching** (both for individual and teams).

Each part of the business serves you differently - strategically as an organisation and individually through coaching.

Debra brings a pragmatic, hands-on approach to her work. She has a direct, common-sense attitude, underpinned by a light touch, empathy and genuine warmth.

Her extensive corporate background belies her down-to-earth, refreshingly different approach.



What began as a marketing campaign to “Make Work Human” completely informs the Cadman HR culture and continues to this day.

“The use of Cadman HR enables us to get pragmatic solutions to difficult staffing situations and gives us peace of mind that we are doing things correctly”

Gavin Squire, Director, EffecTech

People planning

When it comes to the people in your business Debra Cadman has all the experience, skills and resources to make sure that:

- everyone across your organisation is performing to their best ability
- your company is properly structured for maximum efficiency, harmony and profitability
- any grievances or challenges are faced and managed
- individuals have access to effective, powerful coaching
- vital skills such as thinking and listening are learned and practised

For business owners, Debra offers a neutral approach backed up with expertise and knowledge.

With Cadman HR supporting your people infrastructure, your business can evolve, grow and change in exactly the way you need it to.



“I have never felt uncomfortable during coaching. Debra is excellent at creating the right, free-flowing environment where I can be honest and then go on to resolve things. She’s not afraid to ask challenging questions.”

Laura Taylor, Head of HR, Road Haulage Association

Time to think

One-to-one coaching

We all need time to think things through and coaching is extremely powerful. Debra will work through topics that you would like to air, develop, challenge and conquer. She will provide an open, safe, non-judgemental environment for you to think in - with the aim of enabling you to recognise and manage these for yourself in the future.

Team coaching

Our focus for team coaching is to look at the whole system - not simply team relationships. We consider how to make your team successful in the system within which you operate. We will challenge you to think about what you can do to become a high performing team.

Coaching will help you to air, explore and reframe important concerns until you are inspired to achieve full potential in a number of situations. Anything is possible.



“For me,
it’s all about
the people”

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